What is claimed is:

1. A hair conditioning composition comprising by weight:

(a) from about 0.01% to about 10% of a thickening polymer system selected from the group consisting of a cationic thickening polymer, a nonionic thickening polymer, and mixtures thereof;

(b) from about 0.05% to about 10% of a cationic surfactant system selected from the group consisting of one cationic surfactant, a mixture of two or more cationic surfactants, and a mixture of a cationic surfactant and a nonionic surfactant; and

(c) an aqueous carrier;

wherein the composition is substantially free of a water-insoluble high melting point oily compound and an anionic compound.

2. The hair conditioning composition of Claim 1 wherein the composition is transparent or translucent.

3. The hair conditioning composition of Claim 1 wherein the composition is transparent.

4. The hair conditioning composition of Claim 1 wherein the cationic thickening polymer is a cationic guar polymer, and the nonionic thickening polymer is a nonionic guar polymer.

5. The hair conditioning composition of Claim 4 wherein the cationic guar polymer has a molecular weight of from about 100,000 to about 3,000,000, and the nonionic guar polymer has a molecular weight of from about 1,000,000 to about 4,000,000.

6. The hair conditioning composition of Claim 4 wherein the thickening polymer comprises: from about 0.1% to about 4%, by weight of the composition, of the cationic guar polymer; and from about 0.1% to about 3%, by weight of the composition, of the nonionic guar polymer.

7. The hair conditioning composition of Claim 1 comprising from about 0.6% to about 3% of the thickening system.

8. The hair conditioning composition of Claim 1 wherein the cationic surfactant is a mono-alkyl trimethyl ammonium salt.

9. The hair conditioning composition of Claim 8 wherein the cationic surfactant has a mono-alkyl chain having from 16 to 22 carbon atoms.

10. The hair conditioning composition of Claim 1 further comprising from about 0.1% to about 20% of a silicone compound.

11. The hair conditioning composition of Claim 10 wherein the silicone compound is selected from the group consisting of a water-soluble silicone compound, a silicone nanoemulsion with an average particle diameter of less than 220nm, and mixtures thereof.

12. The hair conditioning composition of Claim 11 wherein the silicone compound is a water-soluble silicone compound selected from the group consisting of PEG-12 Methyl Ether/Lauroxy PEG-5 Amidopropyl Dimethicone, Bis (C13-15 Alkoxy) PG Amodimethicone, and mixtures thereof.

13. The hair conditioning composition of Claim 1 further comprising from about 0.1% to about 20% of a humectant.

14. The hair conditioning composition of Claim 1 further comprising from about 0.01% to about 10% of a cationic hair conditioning polymer.

15. The hair conditioning composition of Claim 1 having a viscosity of from about 2,000 to about 50,000mPa·s.

16. The hair conditioning composition of Claim 1 which is for rinse-off use.

17. A method of conditioning hair, the method comprising following steps:
(i) after shampooing hair, applying to the hair an effective amount of the hair conditioning composition of Claim 1; and
(ii) then rinsing the hair.

18. A hair conditioning composition comprising by weight:

(a) from about 0.5% to about 5% of a thickening polymer system selected from the group consisting of a cationic thickening polymer, a nonionic thickening polymer, and mixtures thereof;

(b) from about 0.25% to about 7% of a cationic surfactant system selected from the group consisting of one cationic surfactant, a mixture of two or more cationic surfactants, and a mixture of a cationic surfactant and a nonionic surfactant;

(c) from about 0.1% to about 10% of a silicone compound selected from the group consisting of a water-soluble silicone compound, a silicone nanoemulsion with an average particle diameter of less than 220nm, and mixtures thereof; and

(d) an aqueous carrier;

wherein the composition is substantially free of a water-insoluble high melting point oily compound and an anionic compound.

19. A hair conditioning composition comprising by weight:

(a) from about 0.5% to about 5% of a nonionic thickening polymer;

(b) from about 0.25% to about 7% of a cationic surfactant system selected from the group consisting of one cationic surfactant, a mixture of two or more cationic surfactant, and mixture of a cationic surfactant and a nonionic surfactant;

(c) from about 0.1% to about 10% of a silicone compound selected from the group consisting of a water-soluble silicone compound, a silicone nanoemulsion with an average particle diameter of less than 220nm, and mixtures thereof; and

(d) an aqueous carrier;

wherein the composition is substantially free of a water-insoluble high melting point oily compound, an anionic compound, and a cationic thickening polymer.

20. The hair conditioning composition of Claim 19 wherein the nonionic thickening polymer is a nonionic thickening guar polymer.